

## How do you take part?

As places are limited, you will need to register for this in advance. Please complete, and return the registration form inside this leaflet to the parish office or church sacristy **on or before Tuesday 14 November 2017**. As places are limited they will be allocated on a first come first served basis but we will endeavour to accommodate all who look to take part.

If you do not hear from us you can take it that you have a place for the Week and we look forward to seeing you at the Opening Meeting on **Sunday 26 November 2017 at 4 pm in The Pastoral Centre, Clondalkin Village Church.**

If the Week is initially over subscribed you will be contacted and your name included on a waiting list should places later become available.

## What have others said about the experience?

*"I felt the gentleness and peace of Jesus in a powerful way."*

*"I found the readings were so true to life and the messages in them were very relevant to my life at the moment. The guide was lovely and very easy to talk to."*

*"I am going to continue taking time for myself to pray every day because it helped me"*

*"I found it very rewarding and would do it again at the blink of an eye. It was my special time each day."*

# Clondalkin Parish Grouping invites you to take some *Time for Yourself*



## A Week of Guided Prayer 26 November - 2 December 2017



# A Week of Guided Prayer

As we prepare for the World Meeting of Families we have an exciting opportunity on offer for you. Through the **Office for Evangelisation and Ecumenism** we have a number of Prayer Guides available to us who will facilitate a week of guided prayer in our Parish Grouping.

## What is guided prayer?

This is a retreat with a difference – sometimes called a ‘Retreat in Daily Life’, or a ‘Busy Person’s Retreat’, as you don’t have to go away to a quiet, beautiful place to find God. It is a way of making a retreat in the midst of daily living, as by taking some quiet time each day on your own you are enabled to find God in your everyday life, in all its ups and downs.

Participants are invited to do two things every day for the week. Firstly, to spend half an hour in personal prayer at home and secondly, to meet with a prayer guide for half an hour at an agreed time. The prayer guides will accompany you and guide you each day with short texts from the scriptures. You do not need to have any previous knowledge. There is a group session for all participants and prayer guides on the **Sunday** at the beginning of the week and on the **Saturday** at the end of the week.

## Who are the prayer guides?

The guides are lay men and women, religious sisters, brothers and priests who are trained and qualified in spiritual guidance and experienced at helping people in their prayer life.

**When:** It begins on the evening of **Sunday 26 November 2017**

**Where:** The initial meeting will take place *The Pastoral Centre, Clondalkin Village Church* at 4 pm

Individual meetings with prayer guides will take place at a time of your choosing

The closing meeting will take place on **Saturday 2 December 2017** at a time agreed on the Sunday.

## What happens during the week?

You meet as a group on the first night Sunday 26 November 2017

You are allocated a personal prayer guide and have a short meeting with them that night.

You meet with them for 30 minutes each day from Monday to Friday on a one to one basis at a time and location convenient to you both.

The full group comes together on the Saturday night to bring the week to a prayerful close.



**A Week of Guided Prayer 26 November-2 December 2017**



I wish to take part in the week of guided prayer

Name

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Address

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Phone Number

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The meeting with a prayer guide will be at the same time each day Monday to Friday. Please indicate your first and second preferences for this meeting time.

# **Morning** – 10.30am-12.30pm – Clondalkin Village Church, Church of the Immaculate Conception & St Killian

# **Afternoon** – 2.30-4.30pm – Neilstown Church, Church of St Peter the Apostle

# **Evening** – 6.30-8.30pm – Church of the Transfiguration, Bawnogue

Please return form to your parish office or sacristy by:

**Tuesday 14 November 2017 at the latest**

For further information contact:

Frank Brown – 0861018173 or [frank.brown@dublindiocese.ie](mailto:frank.brown@dublindiocese.ie)

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