

You have one life. For God's sake and for your own, live it.

Take a moment to **Reflect**



Christ

has no body now on earth but yours,  
no hands but yours,  
no feet but yours.

Yours are the eyes through which Christ's  
compassion is to look out to the world.

Yours are the feet with which Christ is to  
go about doing good.

Yours are the hands with which Christ is to  
bless all people now.

*Teresa of Avila*

***Read the Prayer***

Think about one time when you've experienced God reaching out to them through another person

***Read the prayer again***

Think about a time that you've experienced God reaching out to another through you.

***Read the one more time –***

***Change the word 'Yours' to 'Mine'***

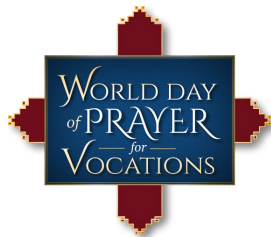
Recognise the gifts you have, the difference you make to those around you, the opportunities you have been given to share the Love, Joy, Peace, Hope & Compassion of God each day and say 'Thanks'!

***Keep the Prayer with you...***

as an ongoing reminder of how God desires to work through you!



## A Prayer for Vocations



O God, our Father, you have called us in Baptism to follow your Son Jesus through lives of loving service to you and to one another. Grant us your assistance guided by the Holy Spirit to live out our vocation in life. We pray especially for those who have answered your call as priests, brothers, sisters, deacons and lay ministers. Keep them faithful in following your Son and dedicated in serving their brothers and sisters. Grant that many more men and women will be open to the challenge of dedicating their lives in the ministry of building your Kingdom. We ask this through Christ, our Lord. ***Amen***