

Suggestion for a Communion Reflection



Do one good thing that day to help another & share it with us
Make a difference, be the difference & share the good news!!

Strength and Courage

It takes strength to be firm and it takes courage to be gentle.
It takes strength to conquer and it takes courage to surrender.

It takes strength to be certain and it takes courage to have doubt.. It takes strength to fit in and it takes courage to stand out. It takes strength to feel a friend's pain and it takes courage to feel your own pain. It takes strength to endure abuse and it takes courage to stop it.. It takes strength to stand alone and it takes courage to lean on another. It takes strength to love and it takes courage to be loved. It takes strength to survive and it takes courage to live.

So with strength and courage
go live life and be life
for God is our strength and our courage.

*This is adapted from an excerpt from the speech of Malala Yousafzai to the UN on the occasion of her sixteenth birthday,
On the ninth of October 2012, the Taliban came onto a school bus and shot 14 year old Malala Yousafzai in the head. They also shot her friends. She was campaigning for education for girls in Pakistan.....*