

Suggestion for a Communion Reflection

Can be done with just one voice reading but if you are adventurous (and for more impact) try either

- 1. Have various people throughout the congregation saying one line each (slowly) – standing when they do for more effect – all then say the final line together or*
- 2. Have 2 voices reading a line each alternatively – then both say the final line together*



The Power of One

Mary - her Yes, Our Yes
One song can spark a moment,
One Flower can wake the dream.
One tree can start a forest,
One bird can herald spring.
One smile begins a friendship,
One handshake lifts a soul.
One star can guide a ship at sea,
One word can frame the goal.
One vote can change a nation,
One sunbeam lights a room.
One candle wipes out darkness,
One laugh will conquer gloom.
One step must start each journey,
One word must start each prayer.
One hope will raise our spirits,
One touch can show you care.
One voice can speak with wisdom,
One heart can know what's true,
One life can make the difference,
You see, it's up to you!