# #MADSUNDAY

DO ONE GOOD THING TODAY TO HELP ANOTHER

> COMMIT ONE SIMPLE ACT OF KINDHESS

THEN **Share It** With Us

Email what you, your group have done or are planning to do to:

CCPC.MAD.Sunday@gmail.com



Or post it/photos on our \_\_\_\_\_ @TheCCPCDublin



#### I. COMPLIMENT A STRANGER

2. hold the door open for someone

3. email encouraging words to a friend

4. show off your best smile all day

### 5. Volunteer

6. leave a great big tip!

7. give someone a "just because" gift

8. help a friend wrap gifts

9. shower someone with compliments like confetti

## S YOUTH Project

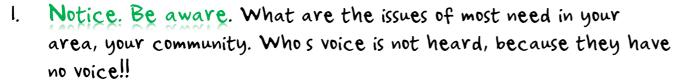




Decide 📄







- What gifts, talents, and strengths has God gifted you with? What are you good at? What are your skills?
- Imagine a cause or issue you care about. What are you Passionate about? It could be something local or something global. It could be something that affects a family member or friend, or it could be something you think of yourself. Do you currently do anything to address that issue?
- 4. Dream how you could use your talents, skills & time to make the situation better. What would it look like? How would you use your skills? Be Creative
- 5. Find out more about that cause and about charities, organisations or people who are working in that area. What work do they do?
- Now write down one thing you can picture yourself, your group doing in the next month to work towards that cause.
- Now pair up with a friend, someone of like mind so that you can pray for each other, support and encourage each other to make a difference.
  - 8. Decide on what you can do to help and Act!!



and

passion

and

smile.

small,

with

smile.

How to make a difference



ongrats, you made a difference! Now repeat. Often.

passion,

as often

as you

can.

that person

that you

care.