

Prayer in the Days before Advent



My brother, Jesus. It happens every year.
I think that this will be the year that I have a reflective Advent.

I look forward to Sunday & this new season, Jesus. But all around me are
the signs *rushing me* to Christmas
& some kind of celebration that equates spending with love.

I need your help. *I want to slow my world down.*

This year, more than ever, *I need Advent,*
these weeks of reflection & longing for hope in the darkness.

Jesus, this year, *help me to have that longing.*

Help me to feel it in my heart & be aware of the hunger & thirst in my own
soul. Deep down, I know there is something missing in my life, but I can't
quite reach for it. I can't get what is missing.

Help me to gift myself space & time.

I know it is about you, Jesus.

You are not missing from my life, but I might be missing the awareness of
all of the places you are present there. May I be present to you & instead
of searching, recognise that you are beside me always; leading,
comforting & loving.

Be with me, my dear friend.

Guide me in these weeks to what you want to show me this Advent.
Help me to be vulnerable enough to ask you to lead me to the place of my
own weakness, the very place where I will find you the most deeply
embedded in my heart, loving me without limits.

May I allow myself, for at least one moment, to truly feel this love &

may it transform me. Amen