

Something Different for Advent 2018



The Invitation

Would you like to join us in a 4 week 'retreat' with a difference?

It won't cost you anything except your time.

A Simple Advent Retreat for busy people.

You follow your daily routine but do things in a more thoughtful & reflective way. This is a 'DIY' experience to help us prepare for Christmas.



The Plan?

- Each Sunday of Advent you will be given a leaflet with a short passage from Scripture to reflect & act upon during the week.
- This leaflet will offer starting ideas & practical suggestions for the week.
- The leaflet will be available after Sunday mass each week at the back of the Church. Also on our website & Facebook page
- Each week will focus on different themes such as prayer, mindfulness meditation, as well as information on Local events that you may like to take part in.



Advent is a preparation time, a time of hopeful expectation & waiting. A time that can be lost to busy-ness – so **gift** yourself a bit of quiet time in your preparations for this Christmas.

Please feel free to take some for friends or family. Also if you think any community centre or other area would benefit from this resource, please let us know & we will be happy to email more copies.

You can also view/download & print this and many other FREE Advent resources from our website www.clondalkinparish.com/?page_id=3199 or Facebook Page - @TheCCPCDublin

If you would like further information, please get in touch:
frank.brown@dublindiocese.ie

give it a go...

