

Keep up your courage

Prayer

God of mercy,
lost and disheartened,
we turn to You.
Instil in us Your hope and courage.
May our churches strive for
the unity
for which Your Son prayed on the
eve of His passion.
We ask this through Him who lives
and reigns with You and the Holy
Spirit for ever and ever.
Amen.



Questions

- What are the practices that you can use to keep up your courage?
- What are your hopes and fears for the churches in your area?
- How might you keep up your courage together to chart a course into the future?

Go and Do (see www.ctbi.org.uk/goanddo)

Global: Read and respond to the stories of perilous journeys by sea.

Local: Provide welcome and hospitality for those recently arrived into the UK and Ireland.

Personal: Reflecting on your own journey, how might you assist others on journeying today?



Acts 27:22,34

"I urge you now to keep up your courage, for there will be no loss of life among you, but only of the ship ... none of you will lose a hair from your heads ..."

Reflection

Keep up your courage
when the storms of life
wash you up
on an unexpected shore.

Keep up your courage
take barricades down
welcome the stranger
become the guest.

Keep up your courage

Psalms 27

Matthew 11:28-30

listen to the other
seek to understand
disagree agreeably.

Keep up your courage
when the ship runs aground
prepare a new vessel
chart another course.

Keep up your courage
stowaways, castaways
whatever our crew
it's all hands on deck
creation made new.