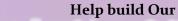
Help us to create a

MAD (MAKE A DIFFERENCE) LENTEN GARDEN

in our Church





Mæuntain æf Læve & Færgiveness!

We all carry our own burdens - perhaps the burden of illness, of breakdown in relationships, of economic stress, the burden of our own good intentions... Our faith tells us that we don't have to carry these burdens alone, God walks each step with us in mercy and love.

This Lent a base stone has been placed in a specially prepared space in our church, together with smaller stones. In your own time during this holy season we invite you to take a stone from this space, or indeed from another place such as your garden, and carry it with you for a while - a day, a week...

As you do so, pray and reflect on where in your life you are in need of God's love & forgiveness. It can be a

reminder of the things that weigh you down, or a worry or concern that prevents you from living as freely and as fully as you can & that you need to let go off. Take your

stone out once every day and hold it in your hand. Some also carry the stone in their pocket to remind them, whenever they touch it, to look for something to be grateful for, to say thank you for, and even to remind themselves to do something kind for someone - a small act of kindness ... You might like to try

it. Whenever you are ready, you can place the stone into the Lenten space in the Church, as a sign that you are ready to welcome God's love and reconciliation into your life, you are letting this burden go and that you are willing to share this love & forgiveness

with others.

ring LENT as part of our preparations for

Faster

We invite children to Bring 4

PLANT A FLOWER +

Tell us the person who inspires them to MAKE A

together!

Noot Doing

you plant today, will one day bloom in the hearts of all

hink of the person who inspires you to do Good things for others (Mum, Dad, Granny, Teacher, S etc.)

Write their name on a tag

Plant a flower for them Say a little prayer of thanks for them & all they do!

During LENT as part of our preparations for Easter We invite you to record & contribute your Lenten Works of Kindness on

our parish's







Pass it on!



Commit to doing at least one Act of kindness this Lent for someone else

Take a tag (or more if needed) Anonymously write down what you did to Help others Place it on the Tree!!

understanding

inclusivity

By this Easter, with your help, we hope to have a M*untain *f L*ve & F*rgiveness, AMAD

Lenten Tree full of good works that are being done, and a Colourful Array of Flowers to all the people who inspire us to do good things for others!! All from our local area...



lt's as simple as