**CLONDALKIN family support network & Clondalkin Young Minds**

Local INFORMATION DURING COVID-19

Staying Connected through the COVID19 Crisis

27 April 2020

Second Edition

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# How to use this resource

* This resource is designed for use on a laptop, tablet or smart phone
* Open document in Word –
* On a laptop/ PC:
  + Click View in the top banner and then Navigation Pane in ‘Show’ – scroll through headings & subheadings that appear on the left, select topic
  + Press Cntrl+Click together to go straight to an online reference
  + Double click Pdf icons to open the document
* On an android mobile/ tablet
  + Scroll to list of contents at the top of the document
  + Tap on topic of interest in the contents list to go straight to it
  + Tap on online references
  + Unfortunately, pdf links cannot be opened on android devices – open from laptop or PC
* The resource will be updated regularly throughout the COVID 19 emergency period

# What’s New?

## New practical support and advice

* Funding
  + South Dublin County Council COVID 19 Emergency Fund
  + Age Action & Red Cross
* Targeted information about COVID19
  + Irish Sign Language
  + Cocooning
* Dementia
  + Additional resources for people caring for a loved one at home with dementia
* Dying, death and bereavement
  + Links to PDF advice sheets on the Irish Hospice Foundation’s website which has been continuously developed since the crisis began.
* Irish Prison Service
  + How to set up family video link visits
  + How to transfer funds into prisoner’s tuck shop account

## More local agencies/ services/ contacts

* CASP
* Clondalkin Traveller Development Group - CTDG
* Neart le Cheile: Cairdeas
* NCCDP Community Safety Forum
* Order of Malta Clondalkin Unit
* St. Vincent de Paul, Eastern Region.
* Tús Nua

## Updates or amendments to local agency information in previous edition

* **Jigsaw:** New national phone and online contacts; mobile phone for local clinical manager
* **CAMHS** update
* **Neart le Cheile/Cumas Project**- contact details
* **Combined Catholic Parishes of Clondalkin –** link for info re all local churches

# Practical support and advice

## South Dublin County Council

### Community call – COVID-19 Support:

**Helpline: 1800 240519** [covidsupport@sdublincoc.ie](mailto:covidsupport@sdublincoc.ie)

### South Dublin County Council COVID 19 Emergency Fund

The Fund provides grants to groups that are participating in the Local Authority led Community Call effort in response to the Covid-19 pandemic.

* Link to application form  <https://www.tfaforms.com/4819145>
* Please read the following [guidelines](https://www.sdcc.ie/en/news/south-dublin-county-council-covid-19-emergency-fund-application-guidelines-april-2020-1-.pdf) carefully

### General COVID 19 related information,

* constantly updated for duration of COVID on this web page

<https://www.sdcc.ie/en/news/coronavirus-covid-19-information.html>

## South Dublin County Partnership Community Check-in

**01 414 9043** or **01 464 9300** Monday to Friday 9-5pm

South Dublin County Partnership with South Dublin County Council have set up this helpline. You can call them for accurate up to date information about services in your area, help with deliveries and shopping, for a chat, and for any other assistance you might be looking for.

## Community Call: National helpline: 0818 222 024

COVID-19 Community Call contact details for every local authority in the country are listed this webpage (scroll down to find the list)

<https://www.gov.ie/en/news/ba4e3d-covid-19-ireland-launches-the-community-call-in-major-nationwide-vol/>

## Ronanstown Garda Station

**In an emergency always dial 999/112**

Community Garda Team available to help with groceries, collect prescriptions, talk to if you feel isolated, are afraid for your safety or concerned about someone else- no concern too small. Don’t be afraid to pick up the phone and call – ask for the community policing team

**Ronanstown** 016667700 **Lucan** 016667300

**Clondalkin** 016667600 **Ballyfermot** 016667200

## An Post Check-in Service

* If you are concerned about an older or vulnerable person currently cocooning, you can request a specific **‘An Post Check-In’** by the local Postman or Postwoman. Family members/concerned neighbours or friends can register for the free **‘Request a Check-In’** service by completing the postal address and eircode of the customer on the website at
  + [www.anpost.com/Community-Support](http://www.anpost.com/Community-Support)
  + An Post will take it from there by assigning the request specifically to the delivery route the person lives on.
  + The service is available in cities, not just rural areas

## Local Employment Service (LES)

* The office is closed but assistance available by phone or email in accessing and completing COVID-19 related social welfare applications as well as routine applications.
* **Clondalkin: 014577308** **Lucan: 016217527** **Tallaght:014653590**

## Volunteering and accessing volunteers

* Email contact: [deirdre@volunteersouthdublin.ie](mailto:deirdre@volunteersouthdublin.ie)
* Organisations seeking volunteers: If the volunteer role sought is related to COVID-19 in any way, email so that processing and promotion of the role can be prioritised
* Priority will be given to roles requiring Garda vetting & support for the frontline
* Upload roles on [www.volunteersouthdublin.ie](http://scanmail.trustwave.com/?c=17268&d=mab83r10jUnWTqLppGbIZ-n18wXEJP_SxEUzIgvIpg&s=343&u=http%3a%2f%2fwww%2evolunteersouthdublin%2eie) or by e-mail
* Advise if you'd like to update or temporarily deactivate current volunteer adverts
* Consider if any volunteer roles can be done remotely
* South Dublin County Volunteer Centre staff are working remotely and continue to offer support to organisations and volunteers by phone, email and online as usual.

## If your organisation needs support to get COVID19 related info to a target group

For specific requests or urgent needs in relation to communicating information about Coronavirus email [Partner.Pack@hse.ie](mailto:Partner.Pack@hse.ie%20 )

## Irish Prison Service

Overview of the Prison Service’s general response during COVID19 is at <https://www.irishprisons.ie/update-irish-prison-services-response-covid-19/>

### **Prison Visits by Videolink**

Family visits were suspended fully on 27th March 2020. To ensure that family contact is maintained, the Irish Prison Service introduced family video-link visits. More information regarding video link visits can be found [**here**](https://www.irishprisons.ie/visiting-a-prison/request-a-family-visit/)**.**

This PDF guides you, with good visuals, in how to set up and participate in a family video link prison visit: <https://www.irishprisons.ie/wp-content/uploads/documents_pdf/How-To-Guide-for-Family-Video-Link-20-April-20.pdf>

### Electronic lodgement of money to Prisoner accounts

**You can now transfer funds into a prisoner’s account for purchases in the Tuck Shop, by using your own bank account - your Banking Online facility or your Banking App on your computer, laptop, tablet computer, mobile phone or other such devices or by calling into your local bank.**

**The maximum limit is €200**

You need the following 3 things;

1. The Irish Prison Service IPS BIC Reference **= DABAIE2D**
2. The Irish Prison Service IPS IBAN Reference **= IE19DABA95159920002771**
3. The relevant Prisoner ID Number (available from the person in prison)

**NOTE: You must include the prisoner ID number CORRECTLY in the Remittance Text Box or your payment will not reach the intended prisoner’s account**

**If required, the Irish Prison Service Bank Name is : Danske Bank.**

Payments made on Sundays to Thursdays will usually be in the prisoner account within 2 days while payments made on Fridays or Saturdays may take up to 5 days.

# Funding

## South Dublin County Council COVID 19 Emergency Fund

The South Dublin County Council Covid-19 Emergency Fund provides grants to groups that are participating in the Local Authority led Community Call effort in response to the Covid-19 pandemic.

* Link to application form  <https://www.tfaforms.com/4819145>
* Please read the following [guidelines](https://www.sdcc.ie/en/news/south-dublin-county-council-covid-19-emergency-fund-application-guidelines-april-2020-1-.pdf) carefully

## Age Action & Red Cross Ireland Hardship fund for older people

Emergency fund to respond to the immediate needs of older people in vulnerable situations across Ireland experiencing additional hardship as a result of the COVID-19 health crisis. Local agencies can apply on behalf of individuals who are not in a position to apply themselves.

* Once-off grants, up to a maximum of €500, per person/household affected.
* Can include costs of the following examples and other needs as they arise:
  + Small household maintenance, repairs and safety improvements
  + Food and basic provisions and associated delivery costs
  + Upgraded or New Small Appliances (fridge, freezer, washing machine, TV, cooker, etc.)
  + Providing Digital Technology Equipment, for example smart phones or tablets
  + Contribution towards increased energy costs or telephone bills
  + Contribution towards additional home or personal security costs
  + Contribution towards additional travel costs for essential reasons (medical appointments, etc.)
* **Who Can Apply:** Older people in need of assistance, family members supporting an older person, carers of older people, social workers and local voluntary organisations or community groups providing direct assistance to individuals within this target group.
* **How to Apply:**
  + Clearly outline the need, how the grant will alleviate hardship, what it will be used for and details of the costs (up to a maximum of €500).
  + The COVID-19 Hardship Fund Application Form is available at this link:
  + <https://www.ageaction.ie/file/2020-covid-19-hardship-fund-form-finaldocx>
    - Or request a form at [**hardship2020@redcross.ie**](mailto:hardship2020@redcross.ie)
    - Or **Irish Red Cross at 01 6424600**  or **Age Action at 01 475 6989**
* Full info through below link:
  + <https://www.ageaction.ie/how-we-can-help/age-action-and-irish-red-cross-covid-19-hardship-fund>

# Food Distribution

## For people who can afford to buy all necessities but cannot leave their home

Contact:

* South Dublin County Council Freephone helpline for older and vulnerable: **1800 240519**
* Community Check-in (SDCP &SDCC): **014149043** or **014649300** Monday to Friday 9-5pm
* Ronanstown Garda Station, Community Policing Team **016667700**
* Order of Malta Clondalkin Unit call John 0864680880 or Jamie 0831779196 or message them on the Order of Malta Clondalkin Unit’s Facebook page

## For people who cannot afford to buy all their food requirements: Clondalkin Food Initiative

* Quarryvale FRC co-ordinates this initiative,
* Clondalkin Helping Homeless oversees the collection and local distribution of food received from Food Cloud, donations from local supermarkets and individuals and bought with sponsorship from South County Dublin Partnership, South Dublin County Council and other sources.

*We hope to reach as many as possible with the limited resources we have, rather than every group working in isolation and trying to meet the needs of their people/families with limited resources.*

Needed:

* Food items, and other items as needed.
* Staff and/or volunteers to collect, sort and deliver food donations.
* Information about new families and individuals in need of food donations and other essential items.

If you can help with any of this, including if you know anyone who needs a food donation, contact **Karin Jonsson at Quarryvale FRC:** [**manager@quarryvalefrc.ie**](mailto:manager@quarryvalefrc.ie) **or 0852020300**.

Please distribute and display the attached poster as widely as possible so that people know they can get help, so that we can recruit more volunteers for the work, and so that we can get more food donations.



## For families with school going children in need of food

* The School Meals Scheme will continue during the school closure. Schools can use the funding to make provision for children of families who wish to continue to avail of the scheme.  Schools are being encouraged to continue to maintain a service over the Easter holiday period.
* If a child is in a school that operates the School Meals Scheme and they have availed of the scheme this year, they should be able to access it.  The logistics of this are different depending upon the set up in place and how schools wish to roll out the provision.  **If you have a family in need, please contact their school or the School Completion** **Programme** linked to their school, to see how it is being made available.
* The scheme may also be extended to cover children in the school who had not previously accessed the scheme but due to a change in circumstances, a family may now wish to do so.  Again, in this circumstance, please contact the school or School Completion Programme.
* The schools in the Collinstown Park SCP cluster are St. Mary's Junior and Senior Schools (Rowlagh); St. Peter Apostle Junior and Senior Schools (Neilstown) and Collinstown Park Community College. In relation to this cluster, the following is a brief outline of what's happening:
  + Food parcels will be delivered to schools one day a week, starting on Thursday, 2nd April.  Food parcels can be collected at specific times by a parent or adult.  The schools will follow social distancing guidelines for collection so parents will be asked to avoid bringing children, where possible.
  + The food parcel will make provision for a week for each child and contains items such as bread; milk; butter; cheese; fruit; breakfast cereal; pasta and pasta sauce with some items changing each week to provide variety.  Families will have access to a food parcel for **each** child they have in school.
  + Schools are currently reaching out to families to let them know they can avail of the scheme and arranging collection times.
  + If you have families enrolled in these schools who wish to avail of the scheme, please contact Emma Kiernan, School Completion Co-ordinator.
* Some families may not be in a position to attend for collection.  The schools and SCP would be very grateful if your organisation or any community-based groups/volunteers you are linked in with, could assist with collecting or delivering food parcels to families in need should this be required.

# Dying, death, bereavement, funerals

The Irish Hospice Foundation has a COVID19 Hub on its website, called ‘Care and Inform’ at <https://hospicefoundation.ie/covid19careandinform/> which they regularly update. Links to a selection of PDF advice sheets below:

## Bereavement and Loss

1. [**GRIEVING IN EXCEPTIONAL TIMES**](https://hospicefoundation.ie/bereavement-2-2/covid19-care-and-inform/grieving-in-exceptional-times/)
2. [**ACKNOWLEDGING AND COPING WITH GRIEF OF A COVID-19 DEATH**](https://hospicefoundation.ie/bereavement-2-2/covid19-care-and-inform/acknowledging-and-coping-with-grief-from-a-covid-19-death/)
3. [**HELPING CHILDREN GRIEVE DURING COVID-19 RESTRICTIONS**](https://hospicefoundation.ie/bereavement-2-2/covid19-care-and-inform/helping-children-grieve-during-covid-19-restrictions/)
4. [**SUPPORTING TEENAGERS TO GRIEVE DURING COVID-19 RESTRICTIONS**](https://hospicefoundation.ie/bereavement-2-2/covid19-care-and-inform/supporting-teenagers-to-grieve-under-covid-19-restrictions/)
5. [**FINDING WAYS FOR CHILDREN/YOUNG PEOPLE TO SAY GOODBYE IF A FAMILY MEMBER IS DYING/HAS DIED**](https://hospicefoundation.ie/bereavement-2-2/covid19-care-and-inform/finding-ways-to-help-children-and-young-people-grieve/)

## Funerals in exceptional times

1. [**PLANNING A FUNERAL IN EXCEPTIONAL TIMES**](https://hospicefoundation.ie/bereavement-2-2/covid19-care-and-inform/planning-a-funeral-in-exceptional-times/)
2. [**PLANNING A FUNERAL WHEN YOUR RELATIVE HAS DIED FROM COVID-19**](https://hospicefoundation.ie/bereavement-2-2/covid19-care-and-inform/planning-a-funeral-when-your-relative-has-died-from-covid-19/)

## Tips for Health and Social Care Workers

1. [**SUPPORTING THE PATIENT**](https://hospicefoundation.ie/wp-content/uploads/2020/04/C-I-Care-for-the-patient-FINAL.pdf)
2. [**SUPPORTING THE FAMILY**](https://hospicefoundation.ie/wp-content/uploads/2020/04/Supporting_the_Family_Providing-compassionate-end-of-life-care-COVID19.pdf)
3. [**BREAKING BAD NEWS: COVID-19**](https://youtu.be/7MRPrP2mdl4)
4. [**SELF-CARE AND SUPPORTING YOUR COLLEAGUES**](https://hospicefoundation.ie/wp-content/uploads/2020/04/C-I-Healthcare-Self-Care-Tips-FINAL.pdf)
5. [**ADVANCE CARE PLANNING FOR HEALTH AND SOCIAL CARE PROFESSIONALS**](https://hospicefoundation.ie/covid19careandinform/resources-for-healthcare-professionals/advance-care-planning-for-health-and-social-care-professionals/)
6. [**END-OF-LIFE CARE PLANNING FOR HEALTH AND SOCIAL CARE WORKERS**](https://hospicefoundation.ie/wp-content/uploads/2020/04/End-of-life-Care-Planning-for-Health-and-Social-Care-Workers.pdf)
7. [**USEFUL LINKS FOR HEALTHCARE PROFESSIONALS**](https://hospicefoundation.ie/covid19careandinform/resources-for-healthcare-professionals/useful-links/)

## Caring for a loved one who is nearing end of life

1. [**WHAT CAN I DO WHEN I CAN’T VISIT A LOVED ONE WHO IS DYING?**](https://hospicefoundation.ie/wp-content/uploads/2020/04/What-I-can-do-when-I-cant-visit-a-loved-one-who-is-dying-during-Covid19.pdf)
2. [**CARING FOR SOMEONE NEARING END OF LIFE AT HOME DURING THE COVID-19 CRISIS**](https://hospicefoundation.ie/wp-content/uploads/2020/04/Caring-for-Someone-nearing-end-of-life-at-Home-during-Covid19.pdf)
3. [**WHEN SOMEONE YOU CARE ABOUT IS DYING IN HOSPITAL: WHAT TO EXPECT**](https://hospicefoundation.ie/wp-content/uploads/2020/04/When-someone-you-care-about-is-dying-in-hospital_What-to-expect.pdf)
4. [**PALLIATIVE CARE: WHAT IS IT AND WHO IS IT FOR?**](https://hospicefoundation.ie/wp-content/uploads/2020/04/Palliative-Care-FAQs-April-2020.pdf)

# Local Interagency Networks

## Weekly North Clondalkin Interagency Zoom Meeting

A 40-minute Interagency information sharing meeting takes place every Wednesday at 1.30pm. It was set up by Clondalkin Young Minds and Clondalkin Family Support Network – all agencies working in the North Clondalkin community during this crisis are welcome. To be emailed an invite, contact:

* Frank Brown (convener): [Frank.Brown@dublindiocese.ie](mailto:Frank.Brown@dublindiocese.ie)
* Peter O’Neill (co-ordinator) [peter.oneill@tusla.ie](mailto:peter.oneill@tusla.ie)

## CYPSC (Children and Young Peoples’ Services Committee – South County Dublin)

* Each CYPSC is now developing a resource page on the national website.  South Dublin can be accessed through the link below -these will be updated weekly.

[www.cypsc.ie/south-dublin/resources.303.html](http://www.cypsc.ie/south-dublin/resources.303.html)

* PDF below is a short summary document of various supports currently in place from South Dublin CYPSC member organisations



* Additional / update information for the website or document can be sent to:
* Joe Rynn, South Dublin CYPSC Co-ordinator, Chamber House, Chamber Square, Tallaght, D24

**Email:**   [joe.rynn@tusla.ie](mailto:joe.rynn@tusla.ie) **Website**: [www.cypsc.ie](http://www.cypsc.ie/)   [www.dublincypscdirectory.ie](http://www.dublincypscdirectory.ie)

**Phone:** (087)3963153

# Clondalkin Agencies: Who is doing what & contacts

## Blueskies/ Archways

* Protocols are in place for working remotely with families. Over 30 families are engaged and are continuing to participate in the service. They are continuing to accept new referrals.
* An online version of the antenatal programme will be launched to participants. This is in the planning phase, transferring and modifying content to suit an online audience.
* Infant Mental Health Network meeting will continue virtually for the foreseeable. Content & resources that may be accessed by participants online are being developed
* All infant massage programmes will be offered virtually to already enrolled participants, offering them a space also to be supported by weekly check in phone calls.
* Play & Talk Workshops: looking at creating online content that encourages development of early oral language skills through play, providing tips and tasks to parents.
* The Towers Programme maintains communication with participating mothers on any of the targeted programmes through weekly phone calls offering support where necessary.
* Ready Steady School – Early Years Transition Programme: Packs are being compiled, ready to be delivered when the time is appropriate.
* Restorative Practices: While all trainings have been postponed, they are still running a virtual Community of Practice for those already trained and are using this opportunity to offer messages of resilience and hope to the community online
* Parent Child Plus Home Visiting Programme: Face to face home visiting has been postponed, but the home visitors are still linking in with their families via video calls. Those vulnerable families are reporting feeling very supported and connected as they have built great relationships with their home visitors
* Adverse Childhood Experiences Awareness Workshops: Compiling resources and developing protocols about how organisations can be trauma informed.
* Incredible Years Parenting Programme in Adamstown has been postponed but staff are continuing to link in with families weekly and provide support where needed.

<https://www.facebook.com/blueskiesinitiative/> <https://blueskiesinitiative.ie/>

<https://www.instagram.com/blueskiesinitiative/> Twitter. @BlueSkiesDublin

* **Blue Skies Initiative’s home tip sheets for parents and guardians**
* [https://blueskiesinitiative.ie/events-and-training/resources/](https://scanmail.trustwave.com/?c=17268&d=tc2M3slgmkMZJpFesGvyyCC5uILm_Lav9Uh2cVaaWQ&s=343&u=https%3a%2f%2fblueskiesinitiative%2eie%2fevents-and-training%2fresources%2f)
* **Grand Parenting from a distance**
* [https://blueskiesinitiative.ie/wp-content/uploads/2020/03/Grandparents-tips-pdf-1.pdf](https://scanmail.trustwave.com/?c=17268&d=tc2M3slgmkMZJpFesGvyyCC5uILm_Lav9Ul2JA7NWg&s=343&u=https%3a%2f%2fblueskiesinitiative%2eie%2fwp-content%2fuploads%2f2020%2f03%2fGrandparents-tips-pdf-1%2epdf)
* **Join us for free online at home activities for toddlers**
* [https://www.eventbrite.ie/e/at-home-activities-with-toddlers-tickets-101736241838](https://scanmail.trustwave.com/?c=17268&d=tc2M3slgmkMZJpFesGvyyCC5uILm_Lav9RQocVbLWg&s=343&u=https%3a%2f%2fwww%2eeventbrite%2eie%2fe%2fat-home-activities-with-toddlers-tickets-101736241838)

## Beacon of Light

* The clinical coordinator is available on **085 843 1938** for enquiries or queries during business hours. Landline generally not answered currently.
* The Beacon is closed to the public further until **19th April,**in line with HSE recommendations for COVID- 19.
* Offering telephone and/or ZOOM counselling sessions to most existing clients, who wish to avail of this.
* Also offering support for parents whose children attend Beacon.
* The management is operating from the premises, whist observing strict social distancing rules.
* They are not taking names for the waiting list at the moment.
* They hope to offer some telephone support to those on waiting list if possible, in the coming weeks.
* They are offering online/telephone support and clinical supervision for all their therapists.
* They have clinical and ethical policies and procedures in place for the online and telephone support and are observing the same child protection guidelines and limits to confidentiality as always.

## CAMHS

* Linn Dara CAMHS services remains open for business and referrals. Most contacts are through telephone and Skype services. They are however continuing to see urgent and high-risk cases Face to Face.
* Referrals from GPs have dropped off over since the lockdown began and they are expecting a surge in referrals in coming weeks. They understand that GPs might not be in a position to see people face to face, and they are accepting referrals where there has been a phone consultation with the young person.
* Community eating disorder team has extended their outreach hours and are open from 8am-7pm Monday to Friday and 9am-3pm on a Saturday.
* Approved centre (inpatient) continues to accept referrals and is currently full.
* Dialectical Behaviour family programme is continuing through skype.
* The only Service that is closed within Linn Dara is the School Programme.

## CASP

* CASP continues its essential services: <https://www.facebook.com/casp.clondalkin>
* CASP is supporting family members through phone support during the Covid19 crisis: phone 01 6166750 from 9.30 to 11am or 0860205282.
* To reduce the risk to all CASP service users and staff, during the COVOD19 crisis, the CASP drop in will only be open to people who are homeless and people who want a needle exchange. All others are asked NOT to attend for morning drop in. Monday and Wednesday evening drop ins are cancelled until further notice.

## Clondalkin Community Healthy Living Centre

* Due to Covid 19 all activities delivered by the Health House in Neilstown and Rowlagh Community Centre are postponed until further notice.
* Maintaining facebook contact – recipes, video clips of dance classes, information etc
* Advice available for parents about to start spoon feeding- please contact

## Clondalkin Traveller Development Group (CTDG)

* CTDG Traveller Counselling Service 01 4575124
* Other Traveller specific contacts and helplines recommended by CTDG:
  + Traveller Covid-19 Helpline 9 am – 9 pm 083 1006300
  + Traveller Counselling Service 086 3081476
  + Exchange House Counselling 01 8721094

## Clondalkin Youth Service- CYS

* Contact details: -01 4594666 e-mail - [cys@crosscare.ie](mailto:cys@crosscare.ie)
* Website - [www.crosscare.ie](https://eur02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.crosscare.ie%2F&data=02%7C01%7Ccysinfo%40crosscare.ie%7C9f1e8d5985f145c2fe6208d7d7d834c6%7Cd18972c5d944412aab6fe8cb0afaff77%7C0%7C0%7C637215195908902493&sdata=5jMRNoCKV7iG3lzI5fxAjtpgB7wlUKDGyVdPwOvSde8%3D&reserved=0) Facebook - [https://m.facebook.com/ClondalkinYS/](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fm.facebook.com%2FClondalkinYS%2F&data=02%7C01%7Ccysinfo%40crosscare.ie%7C9f1e8d5985f145c2fe6208d7d7d834c6%7Cd18972c5d944412aab6fe8cb0afaff77%7C0%7C0%7C637215195908902493&sdata=JJ5rPT0yTxY3UbZLasi4YBvH1yHP37T%2BlyuUj3ejnlU%3D&reserved=0)
* Catchment area for Clondalkin Youth Service (CYS), Crosscare’s regional youth service, is Clondalkin Village, Bawnogue, Deansrath, Knockmitten and Sruleen.
* Primarily for young people aged 10-24 years of age in the catchment area.
* Young people already registered in the service can engage with the youth work staff and their peers through video calls and social media.
* Staff are linking in with young people and parents/guardians by phone, messaging & social media to share information and support young people with a range of issues.
* In certain circumstances staff will engage directly with young people through one to ones and outreach if deemed appropriate and if in the young people’s best interests.
* Clondalkin Youth Information service remains open. The team is collecting and sharing various resources for individuals and families. Susan is taking phone queries and can reply by email also, she can ring back if name and contact number is left.
  + 01 4594666/086 1304629 & [cysinfo@crosscare.ie](mailto:cysinfo@crosscare.ie)
  + *Crosscare Youth Information Service provides free & confidential information for all young people aged 15 – 25 years on a wide range of topics including courses, college grants, sports & leisure clubs, finding a job/ CV preparation, rights & entitlements – It’s a place where you can talk to someone in confidence and ask whatever questions you may have. We will do all we can to help. Like us on Facebook:*[*https://www.facebook.com/Crosscareyouthinfo*](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.facebook.com%2FCrosscareyouthinfo&data=02%7C01%7Ccysinfo%40crosscare.ie%7C9f1e8d5985f145c2fe6208d7d7d834c6%7Cd18972c5d944412aab6fe8cb0afaff77%7C0%7C0%7C637215195908892500&sdata=yVDYhhsVXamNcNWG6VVvUIFv4BHVkfjPTp7oObXBilg%3D&reserved=0)

## Combined Catholic Parishes of Clondalkin

* The team is staying connected with parishioners over social media with inputs at 9am 3:30pm and 7:30pm each day  - Facebook:
  + <https://www.facebook.com/TheCCPCDublin/>
* Contact details and info (Mass times etc) for all local churches, including facebook and live webcam links for Neilstown, Bawnogue and Knockmitten parishes- all on [www.clondalkinparish.com/?p=4334](http://www.clondalkinparish.com/?p=4334)
* All masses are now behind closed doors
* **For Bereaved:** View/download **Guide for the Bereaved during the COVID-19 Pandemic** & **Planning a Funeral in Exceptional Times** at [www.clondalkinparish.com/?p=4112](http://www.clondalkinparish.com/?p=4112)
* Weekend Masses in Clondalkin Parish Church are - Sat (Vigil) 6:30pm, Sunday 10.30am,12 noon - All masses are behind closed doors but accessible through the parish webcam
  + <http://www.clondalkinparish.com/?page_id=1461>.
* Where there is music ministry at the mass you can find the hymns and join in on
  + <http://www.clondalkinparish.com/?p=4052>

## Community Welfare Service

* Taking applications all through the post. They just need a client’s name, address and PPS number and they will post out forms.
* Clients can also access the service at this email: [ClondalkinLucanCWS@welfare.ie](mailto:ClondalkinLucanCWS@welfare.ie)

## Families First/ Archways

* Face to face family therapy and psychotherapy sessions are not feasible at this time.
* Tele-counselling/psychotherapy and/or on-line support is being provided as an alternative means of service delivery.   A high percentage of families and young people are engaging via this medium.
* Continue to offer families on waiting list a service.
* Continue to participate in child in care reviews, professionals meetings etc. remotely via conference calls or skype for many young clients who are children in care
* Committed to providing the best possible care in these uncertain times.

## Family Resource Centre- Quarryvale

Quarryvale FRC is Co-ordinating the Clondalkin Food Initiative (see separate heading above)

* Closed to the public and working from home.
* Phone-in service, **Monday-Friday 10-12** for general information and support:
  + Susan Collins, Development Worker **does not work Wed or Fri**

[**085 202 0280**](tel:085%20202%200280), [Susan@quarryvalefrc.ie](mailto:Susan@quarryvalefrc.ie)

* + Karin Jonsson, Manager

[**085 202 0300**](mailto:085%20202%200300), [manager@quarryvalefrc.ie](mailto:manager@quarryvalefrc.ie)

* Phone-in service, **Monday-Friday 10-12** for parenting and family supports:
  + Deborah Hallissey, Community Family Support Worker

**087 375 0009**, [familysupport@quarryvalefrc.ie](mailto:familysupport@quarryvalefrc.ie)

* + Cathriona McCarthy, Childcare Co-ordinator

[honeybears@quarryvalefrc.ie](mailto:honeybears@quarryvalefrc.ie)

* Regular participants and clients, (whether in a social group or one-to-one or attending the childcare), receive regular telephone check-ins and support if needed
* Therapists connect with clients over the phone or Skype, and one therapist is available to staff and for staff to refer new people to if needed.
* Regular posts on Facebook, compiling themed resources
* Discussing making information and resources available by printing and leaving in a box outside the centres.
* The childcare staff will work on a transition plan for the children going to school in September, even if we don’t get to see them before then.  This will include suggesting appropriate activities and games for the parents/carers in the areas that will be most helpful to each individual child
* Consulted with everyone they are in touch with – through Facebook, groups text and phone calls – about what they see as needs not being met in the community in general.
* Planning a children’s story/art/photo/poetry competition…vague thoughts of an event/exhibition of all the contributions when we are back to normal.
* The Eastern Region FRCs are in weekly contact and information, ideas and resources.
* Access to our allotment no longer possible,
* Easter competition didn’t happen as they didn’t have time, (they gave the eggs to a local boy collecting them for homeless people and front-line staff).
* Creche staff are putting together Easter packs for the centre’s childcare children and their siblings with activities, play-do and Easter eggs.
* Development worker is exploring ways of holding groups meetings and activities using e.g. Zoom.

## ISPCC

* The Dublin ISPCC centre is currently closed to the public. ISPCC support staff are currently working and offering ISPCC services remotely.
* All staff have work mobiles which are on during working hours. The contacts are Siobhan on 085 804 2715 and Niamh on 087 250 7015. All staff also have access to work emails through remote access system.
* All clients and their families open to the service currently receive regular weekly contact via phone and skype to maintain the support and intervention work developed to date.
* All staff are contactable on their work phones which any potential referrer can contact during working hours to discuss cases, concerns or referrals.
* There is a national support line service which Dublin users can contact also. This service is for parents and young people to call regarding any concerns they might have. The contact number changes daily and can be found on the ISPCC website, [www.ispcc.ie](http://scanmail.trustwave.com/?c=17268&d=9-X83gqnrvuHvCf9h_2tUT8UwgsrHY_HuaMRCSRFhQ&s=343&u=http%3a%2f%2fwww%2eispcc%2eie)

## Jigsaw

* Jigsaw Clondalkin and Jigsaw Tallaght are now called Jigsaw Dublin South West, based in St. John’s House, High Street, Tallaght, Dublin 24
* John Owens, Clinical Manager, Jigsaw South West **085 870 6941**
* For service users, **New National contacts during COVID19**
  + *Mon-Fri 9am-5pm* Text 086 180 3880 or email [help@jigsaw.ie](mailto:help@jigsaw.ie);
  + *Mon-Fri 1-5pm* **1800 (JIGSAW) 544729**
  + **Note:**  these are not crisis or emergency support lines. Jigsaw recommends that for immediate support contact GP, Pieta House 1800 247 247 or the local A&E.
* All local hubs are still closed for face to face appointments; Phone support for every young person who was engaged with an intervention at time of closure
* A lot of staff energy directed towards [www.jigsawonline.ie](http://www.jigsawonline.ie)   which offers two new ways to talk to a Jigsaw Clinician online, both accessed on through this website:
  + - the Ask Jigsaw portal where questions can be put anonymously and are then published on-line with a response
    - daily Live Group Chats, about different themes – 10 places for each chat. Book a place up to three hours before chat begins.

The webpage also has

* + - Support for parents, guardians and professionals
    - articles, videos, animations, webinars and audio
    - and covers coronavirus specific mental health issues
      * <https://jigsawonline.ie/coronavirus-and-youth-mental-health/>
* Sign up via [www.jigsaw.ie/updates](https://eur02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.jigsaw.ie%2Fupdates&data=02%7C01%7Cjohn.owens%40jigsaw.ie%7Cd4f28ad70f974b36b5ad08d7d9fbfeed%7C467e4feb9d834952aaede0d0a252d4f4%7C1%7C0%7C637217548652888996&sdata=uK7uFZ4q34y9fqAhDGvoIqmMKhsTNpaTwLMgiXPOfFY%3D&reserved=0) for regularly updated [information on coronavirus and wellbeing](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fjigsawonline.ie%2Fcoronavirus-and-youth-mental-health%2F&data=02%7C01%7Cjohn.owens%40jigsaw.ie%7Cd4f28ad70f974b36b5ad08d7d9fbfeed%7C467e4feb9d834952aaede0d0a252d4f4%7C1%7C0%7C637217548652878993&sdata=x8TJJ334QX362BCsm%2B%2FU%2B%2BkEj5IWSmoet%2Bn8rdWYH18%3D&reserved=0)

## NCCDP (North Clondalkin Community Development Programme) Community Safety Forum

The Community Safety Forum remains available to deal with any issues regarding environment or community safety which people may be concerned about. Contact by email [nccdp2@yahoo.ie](mailto:nccdp2@yahoo.ie) /facebook private message Christy Melia House/ call 0876191987

## Neart le Chéile: Cairdeas

Mon-Fri 9-5. Call Ann or Lisa for support on **01 4573515**. Advocacy for people who use drugs/ have a history of drug use

## Neart le Chéile: Cumas

* Monday to Friday, 9-5. Call Alison for support on 0871213142
* Working remotely by phone, email, zoom, whatsapp, social media --to support families.
* Counsellor is still doing her sessions via Facetime with families she was working with before the crisis. The feedback from this is very positive.
* They have a website <https://www.neartlecheile.ie/> but are looking into a Facebook Page as a more interactive way of sharing information with families.
* Staff on a rota basis, while adhering to all guidelines are putting together support packs for families when needed and delivering them to homes. Again, following social distancing guidelines.
* In contact with Clondalkin Food Initiative and have offered drivers and buses if needed.
* In consistent contact with other agencies that work with our families.
* Involved in Zoom meetings with agencies that support their work with families and the local community.
* Responding to the Government changes with regards to this crisis on an ongoing basis.

## Order of Malta Clondalkin Unit

Members of the Clondalkin Unit will collect essentials for cocooners/ self-isolated/ housebound -call John 0864680880 or Jamie 0831779196 or message them on the Order of Malta Clondalkin Unit’s Facebook page

## Ronanstown Youth Service

* Due to the recent restrictions put in place staff now have limited access to the premises and street work is significantly reduced and staff are working from home
* Landline not being answered
* All staff mobile phone numbers are available on RYS Facebook and Instagram pages
* <https://www.facebook.com/Ronanstown-Youth-Service->
* Sinéad Harris, Manager can be contacted at **085 8770205**
* Sinead is currently in the office Mon, Wed and Friday
* Providing food parcels on Wednesdays to some families they work with -this is through Crosscare foodbanks
* Providing support on a one to one and group basis using, phone, Zoom and other social media outlets to connect with the young people they work with.
* Maintaining personal contact with extremely vulnerable young people with support from the community policing team.
* A lot of young people contacting over the leaving cert and losing their part time jobs --working with these young people and printing out any social welfare forms needed for the community.
* The team is very concerned about the long-term mental health of all of their young people. There is a need to plan now for what may be put in place to support the young people when normal service is resumed.

## St. Vincent de Paul, Eastern Region.

Call or text any of these four numbers: 0858057632, 0858057634, 0858057637, 0858057641.

## Tús Nua

Monday to Thursday – 9.00am to 5.00pm; Friday – 9.00am to 4.00pm

**087 783 1012 / 01 4572938**  - Facebook: @clondalkintusnuaaddictionservice

Continue to support local homeless people – accepting donations **but due to COVID19, they cannot accept clothes.**

Fulltime staff continue to provide vital services:

* Via phone & video calls:
  + One to One Addiction Support sessions
  + Intervention on Drug Use
  + Family support sessions
  + Crisis intervention
* Health Promotion through email, as directed by H.S.E
* Rehabilitation Day Programme via phone, video calls and group conference
* Harm Reduction Service via phone
* Outreach Service/exchanges available from the building - adhering to the Covid-19 distancing protocols
* Every effort is being made to continue the SAFE Programme, posters at train station encouraging people to access outreach/exchange at CTN building, reduced hours at the train station providing exchanges - adhering to the Covid-19 distancing protocols
* SAFE Clients already engaged in case management or on a waiting list will receive support sessions via phone and video calls and regular check ins.