A SCRIPTURAL WAY OF THE CROSS FOR TODAY



1st Station: Jesus in the Garden of Gethsemane

We pray for those caught in conflict and war.

We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture: Matthew 26: 36-46

Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray." He took with him Peter and the two sons of Zebedee. Grief and anguish came over him, and he said to them, "The sorrow in my heart is so great that it almost crushes me. Stay here and keep watch with me."

He went a little farther on, threw himself face downward on the ground, and prayed, "My Father, if it is possible, take this cup of suffering from me! Yet not what I want, but what you want."

Then he returned to the three disciples and found them asleep; and he said to Peter, "How is it that you three were not able to keep watch with me for even one hour? Keep watch and pray that you will not fall into temptation. The spirit is willing, but the flesh is weak."

Once more Jesus went away and prayed, "My Father, if this cup of suffering cannot be taken away unless I drink it, your will be done." He returned once more and found the disciples asleep; they could not keep their eyes open.

Again Jesus left them, went away, and prayed the third time, saying the same words. Then he returned to the disciples and said, "Are you still sleeping and resting? Look! The hour has come for the Son of Man to be handed over to the power of sinners. Get up, let us go. Look, here is the man who is betraying me!"

Reflection:

When Jesus felt sadness and agony he sought out a place where he found comfort and turned to God for strength and guidance. Jesus's place of comfort was the Garden of Gethsemane, in the Holy Land. Today in the Holy Land and throughout the world too many of our brothers and sisters feel just as Jesus did. They face the everyday realities of war and conflict. It can be far too easy to be like Jesus' disciples and fall asleep in the face of these realities on the other side of the world. Instead, Jesus calls us to stay awake – to stay with him and our brothers and sisters around the world and support them in their struggle for peace. He calls us to keep watch with him and pray, to be persistent in our calls and prayers for peace as a way to live in solidarity with our brothers and sisters experiencing the sorrow and devastation of war.

- Where is your place of comfort and peace? Where you can turn to God for strength and guidance just as Jesus did?
- How can you best 'keep watch with', support those suffering in conflict in the Holy Land and around the world?

Prayer:

God of peace, Show us how to put away the weapons of war and help us destroy the tools of destruction. Teach us to follow the ways of justice and walk with us the paths of truth. Challenge the weapons of war, and banish hatred and division, so that all your children may sleep secure. Amen

2nd Station: Jesus is betrayed by Judas and is arrested

We Pray For Restorative Justice For All Prisoners

We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture: John 18:1-9

When he had said this, Jesus went out with his disciples across the Kidron valley to where there was a garden, into which he and his disciples entered. Judas his betrayer also knew the place, because Jesus had often met there with his disciples. So Judas got a band of soldiers and guards from the chief



priests and the Pharisees and went there with lanterns, torches, and weapons. Jesus, knowing everything that was going to happen to him, went out and said to them, "Whom are you looking for?" They answered him, "Jesus the Nazorean." He said to them, "I AM." Judas his betrayer was also with them. When he said to them, "I AM," they turned away and fell to the ground. So he again asked them, "Whom are you looking for?" They said, "Jesus the Nazorean." Jesus answered, "I told you that I AM. So if you are looking for me, let these men go." This was to fulfil what he had said, "I have not lost any of those you gave me."

Reflection:

Betrayal hurts all of us. Crime is a betrayal of a communities' desire to live in safety. Our Christian faith tells us that no matter what awful things we do in our lives, we can always reconcile our relationships with God. "Forgiveness, is a spiritual act, which means that, ultimately, I rely on God's grace to accomplish it." We are always able to seek forgiveness from God and we should extend forgiveness to others. With that said, our faith calls us to more than forgiveness. We are called to reconciliation; restorative justice. Restorative justice is commitment, from the community and all its parts, to repair and enhance the richness of relationships damaged by sin. The approach involves forgiveness but moves beyond to focus on the community. Viewing the wrongdoing as a violation against the people and relationships—not just a violation of the law.

- How involved should communities be in helping people who commit crimes?
- Why is it so hard to forgive people who hurt us?

Prayer:

Lord of life, you came and promised abundant life in and through Christ. Give to those who are in prison the faith to claim your promises, the trust and confidence to live in the knowledge of your saving grace, and your assurance that all can be redeemed. May those who are trapped in their past, weighed down by guilt and sorrow, find true repentance and the strength to turn to you and to follow your new and living way, as witnesses of that new life to others. **Amen**

3rd Station: Jesus is condemned by the Sanhedrin

We Pray For All Those Unjustly Accused

We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture : Luke 22: 66-71

When day came the council of elders of the people met, both chief priests and scribes, and they brought him before their Sanhedrin. They said, "If you are the Messiah, tell us," but he replied to them, "If I tell you, you will not believe, and if I question, you will not respond. But from this time on the Son of Man will be seated at the right hand of the power of God." They all asked, "Are you then the Son of God?" He replied to them, "You



say that I am." Then they said, "What further need have we for testimony? We have heard it from his own mouth."

Reflection:

There are times in every person's life where we have been wrongly accused of behaving unjustly. What happens though, when the unjustly accused are sent to prison, or even sentenced to death? We know this happened to Jesus, our Lord and Saviour.

- What are the ways that we are called to ensure that this doesn't continue to happen to people in our world today?
- How can we speak out for those unjustly accused?

Prayer:

Jesus please give hope and resolution to those enduring the dreadful anxiety of false accusations:

Jesus who was wrongly accused of blasphemy and deception, Please grant justice to those who are wrongfully accused or judged.

Against all the false evidence, let them be swiftly cleared.

Please allow Your Holy Spirit to convey truth that shines overwhelmingly clear, despite public opinion and before the accusations of others, however convincing or supported by false evidence.

Jesus let false accusations be put aside, so that good people can live in peace and freedom.

Grant healing to those whose lives and health and finances have been damaged by false witness.

Thank You God of love, truth and justice. Amen

4th Station: Jesus is denied by Peter

We Pray For All Immigrants and Refugees

We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture: Matthew 26: 69-75

Now Peter was sitting outside in the courtyard. One of the maids came over to him and said, "You too were with Jesus the Galilean." But he denied it in front of everyone, saying, "I do not know what you are talking about!" As he went out to the gate, another girl saw him and said to those who were there, "This man was with Jesus the Nazorean." Again he denied it with an oath, "I do not know the man!" A little later the bystanders came over and said to Peter, "Surely you too are one of them; even your



speech gives you away." At that he began to curse and to swear, "I do not know the man." And immediately a cock crowed. Then Peter remembered the word that Jesus had spoken: "Before the cock crows you will deny me three times." He went out and began to weep bitterly.

Reflection:

Peter denied being a follower of Jesus; he denied knowing Jesus. Despite the years Peter spent with Jesus following His teachings, in the moment when His support was most needed and when it was most challenging to give, he denied Jesus. Just like Peter, we can too easily deny our connections, our shared humanity, with those who are most in need of our support. In the United States, our society regularly rejects refugees who flee for their lives and are hoping to build a new life here with us. Instead of offering support, acceptance and an emphasis on our connection as one human family, we deny them. When we deny our brothers and sisters in Christ, when we fail to welcome them in their time of suffering and to offer them equal rights as children of God, we deny Jesus.

- How can we learn from Peter's denial of Jesus to be compassionate and loving towards those most in need?
- How can we be more supporting and accepting of refugees and immigrants?

Prayer:

Jesus, as an infant you fled to Egypt with your mother Mary and Joseph. You were a vulnerable family in a foreign land, looking for shelter and sustenance. Help us to welcome those like you who cross our borders today. Give us hearts of compassion, humane response, and laws that respect the dignity of all immigrants and refugees. *Amen.*

5th Station: Jesus is judged by Pilate.

We pray for our elected officials & leaders.

We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture: Mark 15:1-5

As soon as morning came, the chief priests with the elders and the scribes, that is, the whole Sanhedrin, held a council. They bound Jesus, led him away, and handed him over to Pilate. Pilate questioned him, "Are you the king of the Jews?" He said to him in



reply, "You say so." The chief priests accused him of many things. Again Pilate questioned him, "Have you no answer? See how many things they accuse you of." Jesus gave him no further answer, so that Pilate was amazed.

Reflection:

"Pressured by public opinion, Pilate embodies an attitude which appears common enough in our own times: indifference, lack of concern, personal convenience. To avoid trouble and to get ahead, we are ready to trample on truth and justice. Obvious immorality generates at least a shock or some reaction, but this approach is pure immorality; it paralyzes the conscience, stifles remorse, and diminishes the mind. Indifference is the lingering death of authentic humanity. The outcome is found in Pilate's final choice. Jesus, one of the little ones of the earth, powerless to utter a word, is smothered by this web. And as we ourselves so often do, Pilate looks on from afar and washes his hands of the blood of Jesus."

Every couple of years, in local and general elections, we elect people to guide and direct our nation. This is an enormous responsibility and an amazing process to take part in. Many people in our nation's history have been denied this fundamental right. When we elect officials to an office, whether it is as Taoiseach, local politician or councillor we are taking responsibility to claim what our priorities are for our communities. Our democratically elected officials are speaking to others and advocating on our behalf.

- What are the issues that influence you as you prepare to vote for elected officials?
- Do you see your action to vote as a part of your Catholic identity? Why or why not?

Prayer:

We pray for our elected representatives, leaders and those who hold positions of authority. Give them the wisdom to know what is right and the courage to do it. May those in authority always strive for a clean government, with integrity, truth, justice and peace as their foundations. May they have compassionate hearts and may they always hear and respond to the cries of the marginalised and the poor. *Amen*

6th Station: Jesus is scourged and crowned with thorns

We pray for the care and protection of God's creation.

We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture: John 19:1-5

Then Pilate took Jesus and had him scourged. And the soldiers wove a crown out of thorns and placed it on his head, and clothed him in a purple cloak, and they came to him and said, "Hail, King of the Jews!" And they struck him repeatedly. Once more Pilate went out and said to them, "Look, I am bringing him out to you, so that you may know that I find no guilt in him." So Jesus came out, wearing the crown of thorns and the purple cloak. And he said to them, "Behold, the man!"



Reflection:

Pilate and the soldiers demonstrate a lack of concern in the care of Jesus. The mistreatment is evident as Jesus is mocked and struck repeatedly. Just as Jesus was mistreated, those who are poor and vulnerable are also abused as a result of a lack of concern for them and for God's creation. As seen through the environmental justice work of the Catholic Campaign for Human Development, those who are poor and vulnerable often live in areas with greater pollution and are disproportionately impacted by others' choices that harm the environment. Respecting God also means respecting and protecting all of God's creation and children.

- How does my daily routine protect God's creation? Are there ways that my routine negatively impacts the environment?
- How do the choices I make that affect the environment impact vulnerable communities? What are ways that I can protect those who are living
 in poverty from environmental injustice?

A Prayer for our Earth By Pope Francis

All-powerful God, you are present in the whole universe and in the smallest of your creatures. You embrace with your tenderness all that exists. Pour out upon us the power of your love, that we may protect life and beauty. Fill us with peace, that we may live as brothers and sisters, harming no one. O God of the poor, help us to rescue the abandoned and forgotten of this earth, so precious in your eyes. Bring healing to our lives, that we may protect the world and not prey on it, that we may sow beauty, not pollution and destruction. Touch the hearts of those who look only for gain at the expense of the poor and the earth. Teach us to discover the worth of each thing, to be filled with awe and contemplation, to recognize that we are profoundly united with every creature as we journey towards your infinite light. We thank you for being with us each day.

Encourage us, we pray, in our struggle for justice, love and peace. Amen

7th Station: Jesus takes up His cross

We pray for those who are unemployed, underemployed and not paid a living wage.

We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture John 19:16-17

Then he handed him over to them to be crucified.

So they took Jesus, and carrying the cross himself he went out to what is called the Place of the Skull, in Hebrew, Golgotha.



Reflection:

Jesus, the son of a carpenter, the son of God, laboured to build the reign of God here on Earth. He willingly took up the cross because He knew His final labour would bring him closer to God and grant salvation for all. Jesus is our teacher and model in understanding the inherent dignity of our own labour, and recognizing that dignified work brings us closer to God and Jesus. Our labour calls us to participate in the ongoing work of creation. There are many places in our world where people are not paid a fair wage for their work. Some companies exploit children and also have slaves working for them. Jesus calls us to stand up to those companies and say that this is not right. One way we do this is buy supporting Fair Trade products. Fair Trade products ensure that children are not making the goods, that the producers are paid a good wage, and that the work environment is safe for those who labour.

- How, in the ways that I labour, do I help to build the reign of God and serve God's people, especially those who live in poverty?
- Does my faith influence my work?
- Are there decisions and choices I make in my daily life that fail to respect the dignity of workers? How can I affirm and promote the dignity of work and see Jesus in the face of the labourer?

Prayer:

O God, the Creator of all things, you have made us in your own image so that we may find joy in creative work: have mercy on all those who are unemployed, underemployed and not paid a living wage and those who find their work dull. Help us to build a society where all may have work and find joy in doing it, for the good of our world and the glory of your name, through Jesus Christ our Lord. **Amen**

8th Station: Jesus is helped by Simon to carry His cross

We pray for those who are victims of human trafficking and slavery.

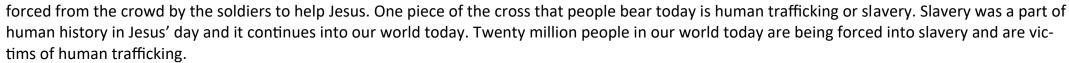
We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture: Mark 15: 21

They pressed into service a passer-by, Simon, a Cyrenian, who was coming in from the country, the father of Alexander and Rufus, to carry his cross.

Reflection:

Jesus carried our sins when he took up the cross. It was heavy and he was weakened because of the torture he endured from the soldiers. He needed help. Simon was



- How can you become aware of people who are trafficked, in local hotels, restaurants and agriculture? What can your parish do to help people who are trafficked?
- What are two ways you can learn more about how to end human trafficking?

Prayer:

O God, give us wisdom and courage to reach out and stand with those whose bodies, hearts, and spirits have been wounded, so that together we may make real your promises to fill these sisters and brothers with a love that is tender and good. Send the exploiters away empty-handed to be converted from this wickedness, and help us all to claim the freedom that is your gift to your children. **Amen**



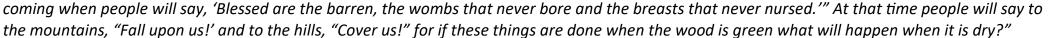
9th Station: Jesus meets the Women of Jerusalem

We pray that the dignity of all women will be upheld.

We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture: Luke 23:27-31

A large crowd of people followed Jesus, including many women who mourned and lamented him. Jesus turned to them and said, "Daughters of Jerusalem, do not weep for me; weep instead for yourselves and for your children, for indeed, the days are





Reflection:

The women in the crowd showed deep concern and support for Jesus in his suffering. It's likely these women were able to empathize with Jesus's pain because of the ways they had been mistreated by society. In today's world, women and girls are disproportionately affected by war and conflict. Just like the women who reached out to Jesus, women who suffer because of war and conflict can also offer us a sign of hope with examples of how they've turned their own suffering into something life-giving. Women in the Democratic Republic of Congo know the reality of rape being used as a weapon of war. In our own country domestic abuse is all to common. Many women who have been victims of sexual violence have proven they are more than victims. They have begun to heal, empower themselves and better their society by participating in programs of trauma healing, learning new skills to support their families and taking leadership roles in grassroots peace movements.

- How can we support women who suffer the effects of violence and conflict?
- What are some ways we can become our own advocates?
- What does our faith tell us about dignity and equality?

Prayer:

God of mercy, broaden our understanding of family violence in all its forms – emotional, verbal, physical, sexual, economic, spiritual, and psychological. Guard the abused from shame and humiliation. Keep them out of harm's way amidst the anger, rage, coercion, and betrayal of their abusers. Pour out upon them your guidance and wisdom as they are forced to make difficult decisions on the part of themselves and their families. **Amen**

10th Station: Jesus is crucified.

We pray for those who are persecuted for their faith.

We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture: Mark 15: 22-32

They brought him to the place of Golgotha (which is translated Place of the Skull). They gave him wine drugged with myrrh, but he did not take it. Then they crucified him and divided his garments by casting lots for them to see what each should take. It was nine o'clock in the morning when they



crucified him. The inscription of the charge against him read, "The King of the Jews." With him they crucified two revolutionaries, one on his right and one on his left. Those passing by reviled him, shaking their heads and saying, "Aha! You who would destroy the temple and rebuild it in three days, save yourself by coming down from the cross." Likewise the chief priests, with the scribes, mocked him among themselves and said, "He saved others; he cannot save himself. Let the Messiah, the King of Israel, come down now from the cross that we may see and believe." Those who were crucified with him also kept abusing him.

Reflection:

Jesus was put to death. Both society and the state judged that his words and actions didn't fit with their belief system and they sentenced him to death because of it. It's shocking that in today's world people are still persecuted and even killed because of their faith. In fact, restrictions on religion around the world have been on the rise in recent years. Blasphemy laws in Pakistan, mob violence in Indonesia and sectarian violence in Burma offer just a few devastating examples of how restrictions on religious freedom can take a deadly toll. Jesus's suffering and death offers us reminder that we must continue to promote religious freedom for all.

- How can we safeguard the freedom of religion for all people?
- Who are the crucified people in our world?
- Does the practice of our faith include or persecute the faith of others? Are we willing to dialogue, welcome, grow or forgive?

Prayer:

O God of all the nations, the One God who is and was and always will be, in your providence you willed that your Church be united to the suffering of your Son. Look with mercy on your servants who are persecuted for their faith in you. Grant them perseverance and courage to be worthy imitators of Christ. Bring your wisdom upon leaders of nations to work for peace among all peoples. May your Spirit open conversion open the minds and heart of those who are closed, that we may live in harmony. Give us the grace to be united in truth and freedom, and to always seek your will in our lives. Through Christ our Lord. **Amen.**

11th Station: Jesus promises his kingdom to the repentant thief

We pray for those who are seeking forgiveness from others and God.

We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture: Luke 23:39-43

Now one of the criminals hanging there reviled Jesus, saying, "Are you not the Messiah? Save yourself and us." The other, however, rebuking him, said in reply, "Have you no fear of God, for you are subject to the same condemnation? And indeed, we have been condemned justly, for the sentence we received corresponds to our crimes, but this man has done nothing criminal." Then he

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said, "Jesus, remember me when you come into your kingdom." He replied to him, "Amen, I say to you, today you will be with me in Paradise."

Reflection:

Forgiveness is not easy, neither is admitting when we do wrong and asking for forgiveness. Jesus and the thief give us a wonderful example. Just as Jesus welcomes the criminal into His Kingdom. Repentance and forgiveness can sometimes seem overwhelmingly difficult, but the relationship between Jesus and the criminal and restored relationships in communities around the world that have faced horrendous crimes give us hope that reconciliation is possible. The call of the eleventh station is to that a hope that is unending and an acceptance that is unerring. It is a call to believe that a loving God is also present in darkness so deep that nothing can possibly lessen its intensity." The criminals call of remember me is "a call of faith to the God of Timelessness in a time of total defeat." Jesus's reply of the promise of paradise confirms our "trust that the God that created us and loves us will hold us up through this moment so that the darkness does not break our hearts. No matte how many steps we have taken away from God it still only takes one to come back!

- How can we promote peace and reconciliation in the case of violent conflict?
- Who do we need to forgive in our lives? Who do we need to ask forgiveness from?
- How can we beacons of hope and forgiveness in our community?

Prayer

God of compassion, you await our return with ever open arms and spread a feast to welcome home the lost. Save us from all that lead us away from you, and draw us back by the constancy of your love, that we may spread your love and forgiveness and share our hope with others. We ask this through Christ our Lord. **Amen**

12th Station: Jesus entrusts Mary and John to each other

We pray for those who suffer from the loss of a child, parent, or brother or sister.

We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture: John 19: 25-27

Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala. When Jesus saw his mother and the disciple there whom he loved, he said to his mother, "Woman, behold, your son." Then he said to the disciple, "Behold, your mother." And from that hour the disciple took her into his home.



Reflection:

At the time of his death, those who loved Jesus were present to him in his suffering, "standing by the cross." By their participation in his death, Jesus continued to show his disciples how to persist in building a loving community that cares for each other. Faith and love were active, "from that hour the disciple took her into his home."

Those who are poor and vulnerable are pushed to the fringes of society, isolated, and left out of decisions that affect them and their families. The Church understands that community is built on relationships, loving our neighbours as our God loves, forming families with new brothers and sisters and, ultimately, working together to end suffering, isolation and poverty.

- Where are the poor, the vulnerable and the isolated people in your community? Are they empowered to participate in the decisions that affect their lives?
- How do we reach out to those who suffer loss?
- How will you stand in solidarity with them during this Lent and other times?

Prayer:

May the Lord bless you and keep you, May he make his face shine upon you. May he grant you many blessings, May you grow in faith, hope and love. May you always feel the warmth of your loved one surrounding you. May you walk the path of God's light and love, May you always feel the protection of God's loving embrace. **Amen**

13th Station: Jesus dies on the cross

We pray for those who will die today.

We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture: Matthew 27:45-54

From noon onward, darkness came over the whole land until three in the afternoon. And about three o'clock Jesus cried out in a loud voice, "Eli, Eli, Iema sabachthani?" which means, "My God, my God, why have you forsaken me?" Some of the bystanders who heard it said, "This one is calling for Elijah." Immediately one of them ran to get a sponge; he soaked it in wine, and putting it on a reed, gave it to him to drink. But the rest said, "Wait, let us see if Elijah



comes to save him." But Jesus cried out again in a loud voice, and gave up his spirit. And behold, the veil of the sanctuary was torn in two from top to bottom. The earth quaked, rocks were split, tombs were opened, and the bodies of many saints who had fallen asleep were raised. And coming forth from their tombs after his resurrection, they entered the holy city and appeared to many. The centurion and the men with him who were keeping watch over Jesus feared greatly when they saw the earthquake and all that was happening, and they said, "Truly, this was the Son of God!"

Reflection:

We all will experience death one day, but that doesn't make it an easy thing to face. We can so easily fear the end of our lives, or focus our attention on things of this world instead of the glory to come in heaven, but we as believers can take comfort that God cares about our grief and Jesus understands our pain. Praying for or with the dying can be an intimidating thing. The time nearing death can be a very stressful and scary time for families and friends. Loss can be a shattering experience. But as a people committed to building a compassionate culture that walks with those in need – we take time to kneel and pray. When our words are inadequate we entrust them to the care of our loving God. We also remember all the lives that have not been protected or cared for and contemplate our place in the crowd as they watched on at the crucifixion.

- Where do I see myself in the crowd today?
- How attentive are we to the voices of need around us? Do we notice those who have no voice?
- Prayer is not a passive gesture how do I grow my prayer?

Prayer:

Loving God, comfort those who will die today and help those who will suffer the pain of loss to discover your peace.

Let them receive your comfort. Help them to be at rest knowing that you care for them, and that you love them.

Calm their soul as they move into the afterlife. May they spend eternity with you; may they live forever in your presence. *Amen*

14th Station: Jesus is laid in the tomb

We pray for those who are without shelter today.

We adore you, O Christ, and we bless you. Because by your holy cross, you have redeemed the world.

Scripture: Matthew 27: 57-61

When it was evening, there came a rich man from Arimathea, named Joseph, who was also a disciple of Jesus. He went to Pilate and asked for the body of Jesus; then Pilate ordered it to

be handed over him. Taking the body, Joseph wrapped it [in] clean linen and laid it in his new tomb that he had hewn in the rock. Then he rolled a huge stone across the entrance to the tomb and departed. But Mary Magdalene and the other Mary remained sitting there, facing the tomb.



Joseph's care for Jesus in death, ensuring he was cleansed, clothed, and sheltered, affirms the basic human right to shelter and security from life into death. Adequate shelter for ourselves and our loved ones affirms that we are made in the image of God. Our dignity, which is a gift from God, allows us to fulfil our potential. Too many people cannot find stable and affordable housing, which wounds their dignity and contributes to other personal and societal problems.

- How do I treat people experiencing homelessness? Imagine how you might feel if you had no stable home and were forced to sleep in unsafe conditions.
- Do I notice, am I aware of the homeless situation in my own community?
- What can I (and my community) do to support those experiencing homelessness and unsafe housing? What are ways that I can work with them to ensure all basic needs are met?

Prayer:

Hear our prayer today for all women and men, boys and girls who are homeless this day. For those sleeping under bridges, on park benches, in doorways or bus stations. For those who can only find shelter for the night but must wander in the daytime. For families broken because they could not afford to pay the rent. For those who have no relatives or friends who can take them in. For those who have no place to keep possessions that remind them who they are. For those who are afraid and hopeless. For those who have been betrayed by our social safety net. For all these people, we pray that you will provide shelter, security and hope. We pray for those of us with warm houses and comfortable beds that we not be lulled into complacency and forgetfulness. Jesus, help us to see your face in the eyes of every homeless person we meet. Empower us to work for justice and peace through words and deeds, and through the political means we have. Give us open hearts to greet and meet the homeless people in our neighbourhoods, in your name we pray. **Amen**

