

As we continue on our journey to Pentecost... Lord, where will I see you today?



Take a few moments to try and recognise the risen Jesus at work in your life today.

- Who is the Jesus you are looking for?
- Where are the opportunities today to meet the risen Jesus?
- Do you recognise Jesus in your actions, in your discussions, in your meetings and dealings with others?
- Are you aware of your that you are loved, and of your ability to share that love?
- Do you appreciate your own gifts? What are they?
- Are you generous in seeing the good points in others?

Lord, let see the you today in my family and in those with whom I work.

Open my eyes Lord, help me to see your presence in this world today.

Lord, let me see you in the poor, in the vulnerable, the forgotten and the homeless.

Open my eyes Lord, help me to see your presence in this world today.

Lord, let me see you in the refugee, the shunned, the marginalised, those rejected by society and the stranger?

Open my eyes Lord, help me to see your presence in this world today

Lord, let me see you in the Doctor, the nurse, the teacher, the milk man, the postal worker, the delivery person and all working in our society.

Open my eyes Lord, help me to see your presence in this world today.

Lord, let me see you in the drug addict, those in prison, those I disagree with, am angry with, those whom I reject and the criminal?

Open my eyes Lord, help me to see your presence in this world today.

And lord, let me see your presence when I look at the person in the mirror today.

Open my eyes Lord, help me to see your face in this world.

Before you go to sleep:

Today, before you go to sleep at night, think back over your day. Where there moments of joy and love? What were the moments of pain or negativity? Name those moments and give them to God, giving thanks for your day.

Thoughts for today:

“A first essential setting for learning hope is prayer. When no one listens to me anymore, God listens to me. When I can no longer talk to anyone or call upon anyone, I can always talk to God. When there is no longer anyone to help me deal with a need or expectation that goes beyond the human capacity for hope, God can help me”.

Benedict

XVI, Spes salvi, 32

“What I do, you cannot do; but what you do I cannot do. The needs are great, and none of us, including me, ever do great things. But we can all do small things with great love, and together we can do something wonderful.”

St Mother Teresa of Calcutta



Stare at the 3 dots in the centre of the picture for about a minute and then look at the wall!