



Praying the Scripture - a few simple steps at home

Sunday 28th March 2021

1. Start with stillness and quietening down; then gently read the passage, noticing any feelings and connections to your own experience.
2. Read the passage again and spend understand. *The notes in your Bible may be of help at this point.*
3. Read the passage a third time - wondering how you yourself might pray the text over the next few days.
4. Over the next week, set aside times to come back more than once to the passage. You could read it all or part of it again, slowly. Perhaps there is a special word for you in this passage of Scripture? Keep this word or phrase in your thoughts and gently repeat it, bringing it to mind and allowing God to speak to you in your heart.
5. Finally, come back to the text to conclude: What is God in this scripture asking of you this week? What is the one challenge, one little change you are asked to make or the thing you have been asked to do? Then say a prayer of thanksgiving for the good news in the passage. End in quiet prayer.



A little pointer before you begin –

Today is traditionally the reading of the Passion, a Long Gospel – In Church it is one of the only times during the year where we interact/participate in the reading of the gospel and this emphasises our ‘active’ role in it. When taking a gospel story for prayer, it is often helpful to break the story up into its individual sections and because of the length of today’s Passion story I have done it for you. Each section represents a movement, an interaction between the characters. There are a number of main scenes in this story. Any one of them could be the focal point for your prayer or you could journey with it during the week. Try to identify the movement in the section you take for prayer. The objective is to discover the Good News in the story and how it is speaking to you, your situation and our world, our circumstances today. You should also note the different characters in the story, for each of them could be a character with whom you can identify. There are so many characters in this story, disciples, friends, and betrayers. We can recognise bits of ourselves in each of them. But who would you identify with most? What does it say to you?

THIS SUNDAY’S GOSPEL – Mark 14:1 – 15:47 ‘The Passion Story’

The Plot to Kill Jesus

14 It was two days before the Passover and the festival of Unleavened Bread. The chief priests and the scribes were looking for a way to arrest Jesus by stealth and kill him; ² for they said, “Not during the festival, or there may be a riot among the people.”

The Anointing at Bethany

³ While he was at Bethany in the house of Simon the leper, as he sat at the table, a woman came with an alabaster jar of very costly ointment of nard, and she broke open the jar and poured the ointment on his head. ⁴ But some were there who said to one another in anger, “Why was the ointment wasted in this way? ⁵ For this ointment could have been sold for more than three hundred denarii, and the money given to the poor.” And they scolded her. ⁶ But Jesus said, “Let her alone; why do you trouble her? She has performed a good service for me. ⁷ For you always have the poor with you, and you can show kindness to them whenever you wish; but you will not always have me. ⁸ She has done what she could; she has anointed my body beforehand for its burial. ⁹ Truly I tell you, wherever the good news is proclaimed in the whole world, what she has done will be told in remembrance of her.”

Judas Agrees to Betray Jesus

¹⁰ Then Judas Iscariot, who was one of the twelve, went to the chief priests in order to betray him to them. ¹¹ When they heard it, they were greatly pleased, and promised to give him money. So he began to look for an opportunity to betray him.

The Passover with the Disciples

¹² On the first day of Unleavened Bread, when the Passover lamb is sacrificed, his disciples said to him, “Where do you want us to go and make the preparations for you to eat the Passover?” ¹³ So he sent two of his disciples, saying to them, “Go into the city, and a man carrying a jar of water will meet you; follow him, ¹⁴ and wherever he enters, say to the owner of the house, ‘The Teacher asks, Where is my guest room where I may eat the Passover with my disciples?’ ¹⁵ He will show you a large room upstairs, furnished and ready. Make preparations for us there.” ¹⁶ So the disciples set out and went to the city, and found everything as he had told them; and they prepared the Passover meal.

¹⁷ When it was evening, he came with the twelve. ¹⁸ And when they had taken their places and were eating, Jesus said, “Truly I tell you, one of you will betray me, one who is eating with me.” ¹⁹ They began to be distressed and to say to him one after another, “Surely, not I?” ²⁰ He said to them, “It is one of the twelve, one who is dipping

bread into the bowl with me. ²¹ For the Son of Man goes as it is written of him, but woe to that one by whom the Son of Man is betrayed! It would have been better for that one not to have been born.”

The Institution of the Lord's Supper

²² While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, “Take; this is my body.” ²³ Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. ²⁴ He said to them, “This is my blood of the covenant, which is poured out for many. ²⁵ Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God.”

Peter's Denial Foretold

²⁶ When they had sung the hymn, they went out to the Mount of Olives. ²⁷ And Jesus said to them, “You will all become deserters; for it is written, ‘I will strike the shepherd, and the sheep will be scattered.’

²⁸ But after I am raised up, I will go before you to Galilee.” ²⁹ Peter said to him, “Even though all become deserters, I will not.” ³⁰ Jesus said to him, “Truly I tell you, this day, this very night, before the cock crows twice, you will deny me three times.” ³¹ But he said vehemently, “Even though I must die with you, I will not deny you.” And all of them said the same.

Jesus Prays in Gethsemane

³² They went to a place called Gethsemane; and he said to his disciples, “Sit here while I pray.” ³³ He took with him Peter and James and John, and began to be distressed and agitated. ³⁴ And he said to them, “I am deeply grieved, even to death; remain here, and keep awake.” ³⁵ And going a little farther, he threw himself on the ground and prayed that, if it were possible, the hour might pass from him. ³⁶ He said, “Abba, Father, for you all things are possible; remove this cup from me; yet, not what I want, but what you want.” ³⁷ He came and found them sleeping; and he said to Peter, “Simon, are you asleep? Could you not keep awake one hour? ³⁸ Keep awake and pray that you may not come into the time of trial; ³⁹ the spirit indeed is willing, but the flesh is weak.” ³⁹ And again he went away and prayed, saying the same words. ⁴⁰ And once more he came and found them sleeping, for their eyes were very heavy; and they did not know what to say to him. ⁴¹ He came a third time and said to them, “Are you still sleeping and taking your rest? Enough! The hour has come; the Son of Man is betrayed into the hands of sinners. ⁴² Get up, let us be going. See, my betrayer is at hand.”

The Betrayal and Arrest of Jesus

⁴³ Immediately, while he was still speaking, Judas, one of the twelve, arrived; and with him there was a crowd with swords and clubs, from the chief priests, the scribes, and the elders. ⁴⁴ Now the betrayer had given them a sign, saying, “The one I will kiss is the man; arrest him and lead him away under guard.” ⁴⁵ So when he came, he went up to him at once and said, “Rabbi!” and kissed him. ⁴⁶ Then they laid hands on him and arrested him. ⁴⁷ But one of those who stood near drew his sword and struck the slave of the high priest, cutting off his ear. ⁴⁸ Then Jesus said to them, “Have you come out with swords and clubs to arrest me as though I were a bandit? ⁴⁹ Day after day I was with you in the temple teaching, and you did not arrest me. But let the scriptures be fulfilled.” ⁵⁰ All of them deserted him and fled.

⁵¹ A certain young man was following him, wearing nothing but a linen cloth. They caught hold of him, ⁵² but he left the linen cloth and ran off naked.

Jesus before the Council

⁵³ They took Jesus to the high priest; and all the chief priests, the elders, and the scribes were assembled. ⁵⁴ Peter had followed him at a distance, right into the courtyard of the high priest; and he was sitting with the guards, warming himself at the fire. ⁵⁵ Now the chief priests and the whole council were looking for testimony against Jesus to put him to death; but they found none. ⁵⁶ For many gave false testimony against him, and their testimony did not agree. ⁵⁷ Some stood up and gave false testimony against him, saying, ⁵⁸ “We heard him say, ‘I will destroy this temple that is made with hands, and in three days I will build another, not made with hands.’” ⁵⁹ But even on this point their testimony did not agree. ⁶⁰ Then the high priest stood up before them and asked Jesus, “Have you no answer? What is it that they testify against you?” ⁶¹ But he was silent and did not answer. Again the high priest asked him, “Are you the Messiah, ⁶² the Son of the Blessed One?” ⁶² Jesus said, “I am; and you will see the Son of Man seated at the right hand of the Power, and coming with the clouds of heaven.”

⁶³ Then the high priest tore his clothes and said, "Why do we still need witnesses? ⁶⁴ You have heard his blasphemy! What is your decision?" All of them condemned him as deserving death. ⁶⁵ Some began to spit on him, to blindfold him, and to strike him, saying to him, "Prophecy!" The guards also took him over and beat him.

Peter Denies Jesus

⁶⁶ While Peter was below in the courtyard, one of the servant-girls of the high priest came by. ⁶⁷ When she saw Peter warming himself, she stared at him and said, "You also were with Jesus, the man from Nazareth." ⁶⁸ But he denied it, saying, "I do not know or understand what you are talking about." And he went out into the forecourt. Then the cock crowed.^[1] ⁶⁹ And the servant-girl, on seeing him, began again to say to the bystanders, "This man is one of them." ⁷⁰ But again he denied it. Then after a little while the bystanders again said to Peter, "Certainly you are one of them; for you are a Galilean." ⁷¹ But he began to curse, and he swore an oath, "I do not know this man you are talking about." ⁷² At that moment the cock crowed for the second time. Then Peter remembered that Jesus had said to him, "Before the cock crows twice, you will deny me three times." And he broke down and wept.

Mark 15

Jesus before Pilate

¹⁵ As soon as it was morning, the chief priests held a consultation with the elders and scribes and the whole council. They bound Jesus, led him away, and handed him over to Pilate. ² Pilate asked him, "Are you the King of the Jews?" He answered him, "You say so." ³ Then the chief priests accused him of many things. ⁴ Pilate asked him again, "Have you no answer? See how many charges they bring against you." ⁵ But Jesus made no further reply, so that Pilate was amazed.

Pilate Hands Jesus over to Be Crucified

⁶ Now at the festival he used to release a prisoner for them, anyone for whom they asked. ⁷ Now a man called Barabbas was in prison with the rebels who had committed murder during the insurrection. ⁸ So the crowd came and began to ask Pilate to do for them according to his custom. ⁹ Then he answered them, "Do you want me to release for you the King of the Jews?" ¹⁰ For he realized that it was out of jealousy that the chief priests had handed him over. ¹¹ But the chief priests stirred up the crowd to have him release Barabbas for them instead. ¹² Pilate spoke to them again, "Then what do you wish me to do with the man you call the King of the Jews?" ¹³ They shouted back, "Crucify him!" ¹⁴ Pilate asked them, "Why, what evil has he done?" But they shouted all the more, "Crucify him!" ¹⁵ So Pilate, wishing to satisfy the crowd, released Barabbas for them; and after flogging Jesus, he handed him over to be crucified.

The Soldiers Mock Jesus

¹⁶ Then the soldiers led him into the courtyard of the palace (that is, the governor's headquarters); and they called together the whole cohort. ¹⁷ And they clothed him in a purple cloak; and after twisting some thorns into a crown, they put it on him. ¹⁸ And they began saluting him, "Hail, King of the Jews!" ¹⁹ They struck his head with a reed, spat upon him, and knelt down in homage to him. ²⁰ After mocking him, they stripped him of the purple cloak and put his own clothes on him. Then they led him out to crucify him.

The Crucifixion of Jesus

²¹ They compelled a passer-by, who was coming in from the country, to carry his cross; it was Simon of Cyrene, the father of Alexander and Rufus. ²² Then they brought Jesus to the place called Golgotha (which means the place of a skull). ²³ And they offered him wine mixed with myrrh; but he did not take it. ²⁴ And they crucified him, and divided his clothes among them, casting lots to decide what each should take.

²⁵ It was nine o'clock in the morning when they crucified him. ²⁶ The inscription of the charge against him read, "The King of the Jews." ²⁷ And with him they crucified two bandits, one on his right and one on his left. ²⁹ Those who passed by derided him, shaking their heads and saying, "Aha! You who would destroy the temple and build it in three days, ³⁰ save yourself, and come down from the cross!" ³¹ In the same way the chief priests, along with the scribes, were also mocking him among themselves and saying, "He saved others; he cannot save himself. ³² Let the Messiah, the King of Israel, come down from the cross now, so that we may see and believe." Those who were crucified with him also taunted him.

The Death of Jesus

³³ When it was noon, darkness came over the whole land until three in the afternoon. ³⁴ At three o'clock Jesus cried out with a loud voice, "Eloi, Eloi, lema sabachthani?" which means, "My God, my God, why have you forsaken me?" ³⁵ When some of the bystanders heard it, they said, "Listen, he is calling for Elijah." ³⁶ And someone ran, filled a sponge with sour wine, put it on a stick, and gave it to him to drink, saying, "Wait, let us see whether Elijah will come to take him down." ³⁷ Then Jesus gave a loud cry and breathed his last. ³⁸ And the

curtain of the temple was torn in two, from top to bottom. ³⁹ Now when the centurion, who stood facing him, saw that in this way he breathed his last, he said, "Truly this man was God's Son!"

⁴⁰ There were also women looking on from a distance; among them were Mary Magdalene, and Mary the mother of James the younger and of Joses, and Salome. ⁴¹ These used to follow him and provided for him when he was in Galilee; and there were many other women who had come up with him to Jerusalem.

The Burial of Jesus

⁴² When evening had come, and since it was the day of Preparation, that is, the day before the sabbath, ⁴³ Joseph of Arimathea, a respected member of the council, who was also himself waiting expectantly for the kingdom of God, went boldly to Pilate and asked for the body of Jesus. ⁴⁴ Then Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he had been dead for some time. ⁴⁵ When he learned from the centurion that he was dead, he granted the body to Joseph. ⁴⁶ Then Joseph bought a linen cloth, and taking down the body, wrapped it in the linen cloth, and laid it in a tomb that had been hewn out of the rock. He then rolled a stone against the door of the tomb. ⁴⁷ Mary Magdalene and Mary the mother of Jesus saw where the body was laid.

A Short Thought

This Sunday's Gospel is often known as 'the long Gospel'. Don't let that put you off otherwise you miss the drama of the journey that this week offers you. It is a story that most know and reveals the drama of the week ahead. Try to read the Gospel, or part of it, this week. Read it as if hearing the story for the first time! The account of the Passion is a vivid story with a variety of characters and much action. Keep in mind that one of the aims in reflecting on the passage is to discover the GOOD NEWS the story has for us.

SOME POINTERS FOR PRAYER

- We hold up our palms singing "Hosanna, Hosanna" as we prepare to follow Jesus into Holy Week. How can we enable this to be a personal 'moment of opportunity' for us too?
- What does it actually mean to be a follower of Jesus? What does this self-emptying on the cross challenge us to do? (*Amanda Dillon ~ Intercom*)
- What parts of the story are uncomfortable? What parts are easier to read? Why?
- The cross looks shameful, not glorious. It is scandalous and a stumbling block for many. It does not seem to make sense to us. But Jesus' cross displays the glory of his love - love for you personally. Think about the fact that Jesus' love, his love shown on the cross is the ultimate sign of his love, mercy and his glory. Remember that suffering is never the will of God, but the cross shows us that God is with us in our suffering – we are never alone no matter how dark thing may seem. What will the love of God, the mercy of God, as revealed by the cross, empower you to do? What change will you make? How will you be love?

Prayer -

O God of eternal glory, you anointed Jesus your servant to bear our sins, to encourage the weary, to raise up and restore the fallen. Keep before our eyes the splendour of the paschal mystery of Christ and, by our sharing in the passion and resurrection, seal our lives with the victorious sign of his obedience and exaltation. We ask this through Christ, our liberator from sin, who lives with you in the unity of the Holy Spirit, holy and mighty God for ever and ever. **Amen**

Prayer in these uncertain times

We pray for all those in our country and throughout the world suffering from the Corona Virus. May its victims and their families be strengthened by the support of our community of faith and restored soon to full health. We also pray for our leaders and medical personnel who deal with the virus. May we keep calm and may we join together in solidarity with care and compassion to tackle this emergency. This we ask in confidence through Christ Our Lord. Amen